

Name:

Date:

Patient "Wearing Off" Card

Your answers to the following questions would be very useful in helping your doctor to make more informed decisions about your treatment.

How many times do you take Sinemet, Madopar or Stalevo in a day?

- Twice Three times
Four times Five times
More

When do you feel your tablets have the most benefit?

- After the first dose in the morning
Lunchtime
Evening
Other (give time) _____

How long does the benefit of your Sinemet, Madopar or Stalevo tablets last?

- One hour Two hours
Three hours Four hours
Other (give time) _____

Do you take your Parkinson's tablets with main meals?

- Yes No

Do you get a warning when your Sinemet, Madopar or Stalevo is beginning to wear off?

- Yes, always Yes, usually
Yes, but rarely No

If you answered "yes" to the previous question, which of these is the first?

- Anxiety
Cramps
Peculiar feeling in stomach
Fear
Sweating
Stiffness
Tremor
Tingling in fingers
Other (please describe) _____

When are you at your best as regards your Parkinson's?

- Morning
Lunchtime
Evening
Other (give time) _____

When are you at your worst as regards your Parkinson's?

- Morning
Lunchtime
Evening
Other (give time) _____

Have you a problem turning in bed?

- Yes
No
Sometimes

Any notes you would like to add:
